







# Strength for the Journey

## “The New Covenant”

Jeremiah 31:31-34



Notes:

### Strength through Prayer:

Spend a few moments in prayer. Thank God that the promise of the new covenant is binding and unconditional and that through it He pours out great favor on you.

You may want to begin your prayer with these words:

“Heavenly Father, thank You for the gift of the new covenant extended to me through the sacrifice of Your Son, Jesus. I want to respond to Your ‘I will’ promises with my own ‘I will’ response.”

### Closing Call to Action:

While we can count on God and His promises of “I will,” we are prone, to our shame and embarrassment, to say back to God, “I won’t. Thank You, but I’ll live the way I want to live.”

We need to come to believe that we have a God who has poured out phenomenal favor on us and who has unconditionally bound Himself to us in a wonderful way. When you’re loved like that, you love back. New covenant people love to say “I will” to God, because God has said “I will” to us.

A vertical column of horizontal dotted lines for taking notes.